

Hanuman Jayanti - Brief Remedial Vedic wisdom

Jyotikar Pattni

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“Yatra yatra raghunatha kirtanam; Tatra tatra krithak masthaka-anjalim; Bhaspavaari paripurnah lochanam; Maarutim namata raakshasanthakam.”

Wherever the divine songs of Rama are sung, thereat we witness the Great Sri Hanuman with his palms folded above his forehead with a torrent of tears flowing down his eyes and having become delighted rejoices himself in the Rama-Dhun. To this Great Hanumanji who is also Maruti-Nandana, we offer our humble obeisance and highest spiritual respects.

More dear and more beloved to Shree Rama or Eishwaar Vishnoo Bhagavad-Jagadish-Hari is his most precious devotee, who has in the yantra, tantra and mantra, in mind (manas), sharira (body), and Hridayam (heart) divinely merged with Eishwaar or Rama (immortal one). When a devotee of Eishwaar is insulted, humiliated or otherwise abused unjustifiably, God Eishwaar is hurt tenfold and will ensure that his most beloved devotee is divinely shielded. Hanumanji maharaj believes and states that it is a misfortune when one forgets to remember the Lord RAMA, and avoids RAMA's Name. It has been proven fact that when a devotee gives with all love, devotion and total selfless immersion of prayers, mantra offering, rites, rituals, hymns, or tantra-puja one fold; God returns that pure undivided one fold true devotional loving offering ten fold in return back to the devotee. However the bhavana or the intention or the purity and devotion and love are significant to the one fold magnitude of sacredness. It is therefore believed that Rama is forever indebted to Lord Hanumanji for three reasons: firstly Hanumanji maharaj was blessed by the cosmic Gods all together to be the NAVA-NIDHI data – the immortal one who could never be killed because 'Sri-Ram' was inscribed all over his body; secondly Hanumanji Maharaji was blessed by Sita-Mata [the Goddess Lakshmee] to be booned with nine sidhis (divine powers) and nine nidhis (shaktis); thirdly Rama witnessed how Hanumanji Maharaj gave his whole in the servitude, in the divine worship of RAMAYANA and how Hanumanji Maharaj kept the Rama-Lakshman-Jankti. Such a beautiful divine heart Lord Hanumanji comprises, seeing SitaMata put her Red Sindhoor on the middle of her forehead, Maharaj innocently poured the whole container of Sindhoor upon him and danced around Sita-Mataji in ecstatic joy of Rama-dhun wearing SitaMataji's Old orange Saree and rejoicing the glory of "suhagan" (a married womanhood). *“Ha! I am also one with Rama!” “Aum Shree Rama Jaya Rama Jaya Jaya Rama Aum Siya Rama Siya Rama Jaya Siya Rama!”* recited Maharaj Hanumanji jumping around in great delight!

Hanumanji was born on the full-moon day of the month of Chaitra, in a cave on the Rushyamuk mountain. In order to destroy the demon Ravan, Vishnu took birth as Rama. Vishnu incarnated as Sri Rama. Hanumanji is the son of 'Vayu' the wind God. The mother of Hanuman was Anjani who initially was a very famous courtesan in heaven named Punjikasthala. Punjikasthala was cursed by a sage, who she had insulted and so she was born as a female monkey named Anjani. Anjani performed penance in order to beget a powerful and swift son, which she did and who came to be known as Hanuman. When Hanuman was a child, he flew, pushed Rahu and Ketu aside and caught the Sun. Lord Indra hit the child with his powerful weapon 'Vajra'. Hanuman lay still on the top of a mountain. When Vayu came to know what had come to pass, he stopped blowing. The world was in trouble with the sun in captivity and the wind refusing to blow. Finally Indra blessed Hanuman with the boon, that the latter would be able to choose his time of death and would be able to become big or small in stature at will. The pleased father, Vayu' started to blow gently, much to the relief of the living beings. The Sun became graciously illuminating and divine.

In reciting Hanuman Chalisa, it is imperative that brief Ramayan be recited antecedent to Hanuman Chalisa to invoke the presence of Lord Hanumanji Maharaj without fail. Hanumanji Maharaj is the only deity blessed by both Sita and Rama to be the might one who will be worshipped in Kaal-Yug.

Vedic Remedies: During one's suffering as a result of malefic Saturn or Mangal: To diffuse the dosha of Mangal (overly negative mars) or Shani (malefic Saturn) on one's birth chart or during Shani-Maha dasa or Saturn Maha dasa, one will get immense relief and support from Hanumanji Maharaj if one recites the Hanuman Chalisa once every day at least if not eleven times.

Reciting of beesi Rama-mantra "Aum Shree Rama Sharrannam Mamma" together with the following Hanumanth mantra 108 times or 11 times or 21 times daily will release one from the adversities and sufferings of malefic Saturn and malefic Mangal.

Recite: Aum Haum Hasphreem Khaphrem Hsraum Haskaphrem Hsaum Hreem Hanumanthayeh Namoh Namaha: Eleven times everyday but on Tuesdays and Saturdays especially with the offering of flowers, fruits and deepam made of sesame seed oil wick. The wick must be placed in a container of diluted rose water and in the container petals of Tulsi must be kept. My experience shows that daily recital of Hanuman Chalisa is a definite proof of reducing the burdens of malefic planetary transits over families.

Worship of Lord Hanuman: Objectives: The manifest energy in Lord Hanuman is much immensely proven, in particular under the following circumstances:

1. To overcome distressing energy: To overcome problems due to bad luck, or adverse planetary transits, victim of evil spirits, departed ancestors' subtle bodies, influence of the planet Saturn (Shani), or the adversities of Mangal (Mars), and so forth like sade-satti (the seven and half years of transits).
2. To control pleasant energy: To overcome any obstacle in the pathway of the activated spiritual energy system (kundalini) and to channel it appropriately, so that the seeker can continue blissful spiritual practice smoothly without interferences from the envy or jealousy of evil eyes.

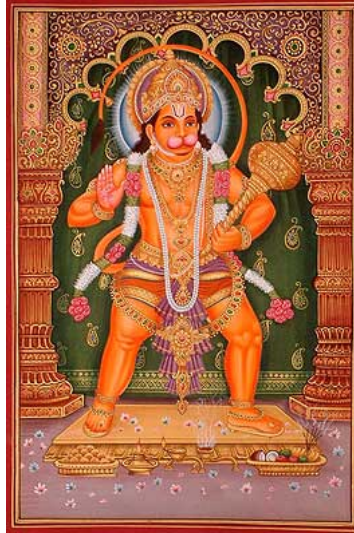
Ritualistic worship of Lord Hanuman: In Maharashtra (a state in India) Saturday is considered as an auspicious day for Lord Hanuman's worship. In the rest of India, both Saturday and Tuesday are considered as auspicious days for His worship. In most Rajput homes, On Tuesdays, Thursdays and Sundays, the mangal murti stotra together with the Hanuman Chalisa and Sankashtha-nashaka stotra with Rama-Rama Raksha stotra are recited to eliminate any negative energy from households and in particular protecting the young children of the families. These are sung and recited by the elders and Ramayana is recited making offerings of fruits, red flowers and red cloth. The Royalties of India used to grant red and yellow cotton clothing, food, fruits, umbrella, flowers, and milk and jaggery to the pious saints and sages turning at their doorsteps particularly after the recital of Hanuman Chalisa. Also, on Tuesday and Saturdays, vermilion and oil are offered unto Hanumanji Maharaj. Vermilion and oil have the ability to attract the subtle pure particles (pavitrakas) of Lord Hanuman. Choosing the substances offered in the worship according to the science of Spirituality helps charge the image with subtle particles (pavitrakas) of that deity. Worshipping a spiritually charged image of a deity is obviously more beneficial in activating faith and spiritual emotion in the devotee. In some places coconuts are broken in front of Lord Hanuman's image, as offering. Breaking of a coconut signifies the 'shattering' of one's ('hard' to overcome) ego and intellect at The Lord's Feet. Breaking of coconut also signify removal of bad luck and especially upon recital of the BAJRANGBANN – stotra of Bajrang (mighty) Hanumanji who carries Mount Meru and brings life to Bharatta in a snap of moment. Lord Hanuman's worship yields protection from negative energies. Therefore on the days of His worship, especially people affected by negativity or adversities or malefic influences from evil eye, from bad previous karma, to rejuvenate stalling energy, and to transform into benevolent good vibrations, worship Hanumanji Maharaj by offering oil and vermilion is particularly beneficial upon recitation of Hanuman Chalisa at least eleven times. When one offers oil thus, one expels some negative energy that may be within one.

Some oil vendors collect this used oil that may be charged with negative energies. To prevent being affected by negative energies from oil used thus, one should carry fresh, unused oil from home for ritualistic worship at Lord Hanuman's temple. For those who suffer from Shanni or are undergoing through adversities of Shanni maha dasa or are being troubled financially, or are being subject of evil eyes, or are undergoing through bad luck because of Saturn or are undergoing through bad health because of Saturn, the family all together must make a donation of the following items on the darkest day of the moon cycle to the temple priest or an old man or a young child under the age twelve years falling on a Saturday - JULY 14TH 2007 is such a day: To make daanpan [charity] any way without any motive on this particular day upon recital of sunderkand pathd removes all malefic affects from one's family especially when done every year. When giving the following items, one must recite AUM SHREE RAMA SHARRANNAMM MAMMA eleven times and recite the Hanuman mantra eleven times - Aum Haum Hasphreem Khaphrem Hsraum Haskaphrem Hsaum Hreem Hanumanthayeh Namoh Namaha:

- Packet of black Urad lentils
- Packet of black sesame seeds
- Packet of black vegetables (obergines)
- Tray of fruits
- Packet of sweet jaggery balls made of sesame seeds
- Packet of black raisins
- Black umbrella
- Black leather shoes
- Black leather wallet
- Black leather belt
- Black leather hat or black hat
- Black cloth; Black suit or black shirt
- Iron or such household item to be useful
- Sesame seed Oil
- Flowers – preferably Yellow and purple together
- Coins – Eleven coins of one pound or eleven pounds or one hundred one pounds whichever is one's capacity.
- ROSE WATER and mineral water bottle

To touch the feet of HANUMANJI and taking his blessings, one must pour rose water over Lords feet and such a person must give the above items at 2.45 pm or 9:15 am to a poor family, an old man, or a child under the age of eleven to invoke in one's heart Lord Hanumanji Maharaj; one must prostrate in the north eastern direction and then turn clockwise in circle and offer prannamm namaskaram folded hands and bowing head.

Hanumanji Maharaj is the avatar of Shiva who is also Sommam and Rudra. On Mondays, when one pours water-milk-water over the earthen clay to recite “*Aum Hraum Hreem hreem Raam-Rudrayeh Shivayeh Mahadevayeh Sommaye Vayuveh Hann Hann Hanumanthayeh Mahaveerayeh Mahabaliyeh Namoh Namah*”



Let us recite Aum Hreem Shreem Shree Hanumanthaye Bajrangbaliyeh Namah 11 times



Now, let us all together just one time, in total devotion, total dedication and total uniformity recite the Hanuman Chalisa just one time to create a vibration that will destroy all the evil and negativity around us, making us divinely rejuvenated to give love and compassion to our beloved ones, nearest and dearest ones.

Shri Hanuman Chalisa

Aum

*Shri Guru Charan Saroj Raj
Nij mane mukure sudhar
Varnao Raghuvar Vimal Jasu
Jo dayaku phal char*

After cleansing the mirror of my mind with the pollen dust of holy Guru's Lotus feet. I Profess the pure, untainted glory of Shri Raghuvar which bestows the four-fold fruits of life.(Dharma, Artha, Kama and Moksha).

*Budhi Hin Tanu Janike
Sumirau Pavan Kumar
Bal budhi Vidya dehu mohe
Harahu Kalesa Vikar*

Fully aware of the deficiency of my intelligence, I concentrate my attention on Pavan Kumar and humbly ask for strength, intelligence and true knowledge to relieve me of all blemishes, causing pain.

*Jai Hanuman gyan gun sagar
Jai Kapis tihun lok ujar*

Victory to thee, O'Hanuman! Ocean of Wisdom-All hail to you O'Kapisa! (fountain-head of power,wisdom and Shiva-Shakti) You illuminate all the three worlds (Entire cosmos) with your glory.

*Ram doot atulit bal dhama
Anjani-putra Pavan sut nama*

You are the divine messenger of Shri Ram. The repository of immeasurable strength, though known only as Son of Pavan (Wind), born of Anjani.

*Mahavir Vikram Bajrangi
Kumati nivar sumati Ke sangi*

With Limbs as sturdy as Vajra (The mace of God Indra) you are valiant and brave. On you attends good Sense and Wisdom. You dispel the darkness of evil thoughts.

*Kanchan varan viraj subesa
Kanan Kundal Kunchit Kesa*

Your physique is beautiful golden coloured and your dress is pretty. You wear ear rings and have long curly hair.

*Hath Vajra Aur Dhuvaje Viraje
Kandhe moonj janehu sajai*

You carry in your hand a lightening bolt along with a victory (kesari) flag and wear the sacred thread on your shoulder.

*Sankar suvan kesri Nandan
Tej pratap maha jag vandan*

As a descendant of Lord Sankar, you are a comfort and pride of Shri Kesari. With the lustre of your Vast Sway, you are propitiated all over the universe.

*Vidyavan guni ati chatur
Ram kaj karibe ko atatur*

You are the repository of learning, virtuous and fully accomplished, always keen to carry out the behest's of Shri Ram.

*Prabu charitra sunibe ko rasiya
Ram Lakhan Sita man Basiya*

You are an ardent listener, always so keen to listen to the narration of Shri Ram's Life Stories. Your heart is filled with what Shri Ram stood for. You therefore always dwell in the hearts of Shri Ram, Lakshman and Sita.

*Sukshma roop dhari Siyahi dikhava
Vikat roop dhari lanka jarava*

You appeared before Sita in a Diminutive form and spoke to her in humility. You assumed an awesome form and struck terror by setting Lanka on fire.

*Bhima roop dhari asur sanghare
Ramachandra ke kaj sanvare*

With over-whelming might you destroyed the Asuras (demons) and performed all tasks assigned to you by Shri Ram with great skill.

*Laye Sanjivan Lakhan Jiyaye
Shri Raghuvir Harashi ur laye*

You brought Sanjivan (A herb that revives life) and restored Lakshman back to life, Shri Raghuvir (Shri Ram) cheerfully embraced you with his heart full of joy.

*Raghupati Kinhi bahut badai
Tum mam priye Bharat-hi sam bhai*

Shri Raghupati (Shri Ram) lustily extolled your excellence and said: "You are as dear to me as my own brother Bharat."

*Sahas badan tumharo yash gaave
Us kahi Shripati kanth lagaave*

Thousands of living beings are chanting hymns of your glories; saying thus, Shri Ram warmly hugged him (Shri Hanuman).

*Sankadik Brahmadi Muneesa
Narad Sarad sahit Aheesa*

When prophets like Sanka, even the Sage like Lord Brahma, the great hermit Narad himself, Goddess Saraswati and Ahisha (one of immeasurable dimensions).

*Yam Kuber Digpal Jahan te
Kavi kovid kahi sake kahan te*

Even Yamraj (God of Death) Kuber (God of Wealth) and the Digpals (deputies guarding the four corners of the Universe) have been vying with one another in offering homage to your glories. How then, can a mere poet give adequate expression of your super excellence.

*Tum upkar Sugreevahin keenha
Ram milaye rajpad deenha
Tumharo mantra Vibheeshan mana
Lankeshwar Bhaye Sub jag jana*

You rendered a great service to Sugriv. You united him with Shri Ram and he installed him on the Royal Throne. By heeding your advice, Vibhishan became Lord of Lanka. This is known all over the Universe.

*Yug sahastra jojan par Bhanu
Leelyo tahi madhur phal janu*

On your own you dashed upon the Sun, which is at a fabulous distance of thousands of miles, thinking it to be a sweet luscious fruit.

*Prabhu mudrika meli mukh mahee
Jaladhi langhi gaye achraj nahee*

Carrying the Lord's Signet Ring in your mouth, there is hardly any wonder that you easily leapt across the ocean.

*Durgaam kaj jagat ke jete
Sugam anugraha tumhre tete*

The burden of all difficult tasks of the world become light with your kind grace.

Shri Hanuman Chalisa

*Ram dware tum rakhvare,
Hoat na agya binu paisare*

You are the sentry at the door of Shri Ram's Divine Abode. No one can enter it without your permission,

*Sub sukh lahai tumhari sarna
Tum rakshak kahu ko dar na*

All comforts of the world lie at your feet. The devotees enjoy all divine pleasures and feel fearless under your benign Protection.

*Aapan tej samharo aapai
Teenhon lok hank te kanpai*

You alone are befitted to carry your own splendid valour. All the three worlds (entire universe) tremor at your thunderous call.

*Bhoot pisach Nikat nahin aavai
Mahavir jab naam sunavai*

All the ghosts, demons and evil forces keep away, with the sheer mention of your great name, O'Mahaveer!!

*Nase rog harai sab peera
Japat nirantar Hanumant beera*

All diseases, pain and suffering disappear on reciting regularly Shri Hanuman's holy name.

*Sankat se Hanuman chudavai
Man Karam Vachan dyan jo lavai*

Those who remember Shri Hanuman in thought, words and deeds with Sincerity and Faith, are rescued from all crises in life.

*Sub par Ram tapasvee raja
Tin ke kaj sakal Tum saja*

All who hail, worship and have faith in Shri Ram as the Supreme Lord and the king of penance. You make all their difficult tasks very easy.

*Aur manorath jo koi lavai
Sohi amit jeevan phal pavai*

Whosoever comes to you for fulfillment of any desire with faith and sincerity, Will he alone secure the imperishable fruit of human life.

*Charon Yug partap tumhara
Hai persidh jagat ujjyara*

All through the four ages your magnificent glory is acclaimed far and wide. Your fame is Radiantly acclaimed all over the Cosmos.

*Sadhu Sant ke tum Rakhware
Asur nikandan Ram dulhare*

You are Saviour and the guardian angel of Saints and Sages and destroy all Demons. You are the angelic darling of Shri Ram.

*Ashta sidhi nav nidhi ke dhata
Us var deen Janki mata*

You can grant to any one, any yogic power of Eight Siddhis (power to become light and heavy at will) and Nine Nidhis (Riches, comfort, power, prestige, fame, sweet relationship etc.) This boon has been conferred upon you by Mother Janki.

Shri Hanuman Chalisa

*Ram rasayan tumhare pasa
Sada raho Raghupati ke dasa*

You possess the power of devotion to Shri Ram. In all rebirths you will always remain Shri Raghupati's most dedicated disciple.

*Tumhare bhajan Ram ko pavai
Janam janam ke dukh bisravai*

Through hymns sung in devotion to you, one can find Shri Ram and become free from sufferings of several births.

*Anth kaal Raghuvir pur jayee
Jahan janam Hari-Bakht Kahayee*

If at the time of death one enters the Divine Abode of Shri Ram, thereafter in all future births he is born as the Lord's devotee.

*Aur Devta Chit na dharehi
Hanumanth se hi sarve sukh karehi*

One need not entertain any other deity for Propitiation, as devotion of Shri Hanuman alone can give all happiness.

*Sankat kate mite sab peera
Jo sumirai Hanumat Balbeera*

One is freed from all the sufferings and ill fated contingencies of rebirths in the world. One who adores and remembers Shri Hanuman.

*Jai Jai Jai Hanuman Gosahin
Kripa Karahu Gurudev ki nyahin*

Hail, Hail, Hail, Shri Hanuman, Lord of senses. Let your victory over the evil be firm and final. Bless me in the capacity as my supreme guru (teacher).

*Jo sat bar path kare kohi
Chutehi bandhi maha sukh hohi*

One who recites Chalisa one hundred times, becomes free from the bondage of life and death and enjoys the highest bliss at last.

*Jo yah padhe Hanuman Chalisa
Hoye siddhi sakhi Gaureesa*

All those who recite Hanuman Chalisa (The forty Chaupais) regularly are sure to be benedicted. Such is the evidence of no less a witness as Bhagwan Shankara - Shiva.

*Tulsidas sada hari chera
Keejai Naath Hrdaye mein dera*

Tulsidas as a bonded slave of the Divine Master, stays perpetually at his feet, he prays "Oh Lord! You enshrine within my heart & soul."

*Pavantnai sankat haran,
Mangal murti roop.
Ram Lakhan Sita sahit,
Hrdaye basahu sur bhoop.*

Oh! conqueror of the Wind, Destroyer of all miseries, you are a symbol of Auspiciousness.
Along with Shri Ram, Lakshman and Sita, reside in my heart.
Oh! King of Gods.

Recital of Hanuman Chalisa once everyday in a household that recites Shree Rama Dhun never failing invokes the Bajrangbali Mahaveer Hanumanji Maharaj to bless a household with peace, happiness and divine boon of going to seventh heaven here after. Hanumanji maharaj protects his devotee and nurtures anyone that invokes Hanumanji Maharaj reciting the Hanuman Chalisa 108 times without fail.

One who offers eleven red flowers, wick made of sandal-wood and sesame seed oil, recites Hanuman Chalisa eleven times 11 times on the full moon of chaitra month on the Hanuman Jayanti all together after reciting the Rama Raksha Stotra gets fullest benefits of Lord Hanumans blessings without fail!

Jaya Siya Rama

Aum Shree Pavan-stuttah RamaDuttayeh Namoh Namah

Hari Aum Hanumanthaye Tat Sat Swadhaey Swaha!

Jaya Bajrangbali!

Aum Shantih te

Divine love from Jyotikar Pattni [aka Tingooram] at www.hanss.co.uk

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