

## **Karmic cycles**

By Jyotikar Pattni

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***Whatsoever is born wears out verily dissolving with the elapsing karmic time. Whatever has form ends in only mortal death. That formless, atman wonders in countless karmic experience of encasement, structure, framework, conditions, and karmic circumstances to evolve into light or dwell as coiled long darkness. Only when we understand that the truth is divine soul, divine atman, divine paramatman, divine light of God, the infinite emancipation at death, our death verily brings us liberation from pain, sufferings, and diseases. Just like the mirror reflecting the image of a beautiful soul, the spirit of life effulgently flowing is filled with God's delight in all perspectives and flowing through the awakened souls, are the shining light of God forever. Our fears are false, as our life falsely represents all attachments, lore of desires and enchanting dance of karma. What is all manifestations if not invention and illusion? What can they matter to our true soul, that shall leave everything, all behind in mortal death here on earthen clay in ashes. The world is a whole vast web of silver veins, an illusion of falsehood and maya and our desires bind us all blindly to falsity. Nothing to grasp, nothing to spurn, nothing to dissolve, atman-married to paramatman is verily the completely divine truth, the completely undivided truth. That is God's delight. Emancipated, liberated soul that hath nothing to embrace, nothing to relinquish, nothing to dissolve, nothing to regret, nothing to burn, nothing to suffer anymore, as the infinite glory of God held the spirit of life in victory!***

As the world slowly turns around from the dusk into the nightingale, the cold waterfront winds usher to bring hissing sounds of gushes and waves shuffling along the placid journey of the ship, reflecting so much of the yesterdays. The old is soon met by the newborn dawn and the Sun effulgently brings new hope, new light on the New Year's morning as the Earth begins a new cycle of revolution around the Sun and Moon.

The first day of the *chaitra massa suudd* [bright cycle of the March- April month], whence Raama-Navaratree falls is considered as the 'Navreh', 'Yugadi', or Vedic Nutan-Varshapal [Vedic new year based on Lunar calendar system. Our Vedic year commemorates karmic New Year on April 6<sup>th</sup> every year albeit Hindus all over the world celebrate New Year as the first day after DEEPAVALI being the first new moon after the return of Bhagavan Lord Shree Raama from the Vaanvasa [penance of father's curse] of fifteen years. Our karmic New Year based on our lunar Vedic calendar system therefore is in the month of Chaitra – ruled by Mesha Rashi. The moon goes around the earth in 30 days creating the bright cycle of the moon in the waxing of the moon for 15 days to the purnima or poonam or full moon than waning of the moon for the next 15 days until the darkest day of the moon called amavasya. When the moon transits the earth, THE MOON creates tithi or mahurata; according the phase of the moon passing over the earth. The bright cycle of the moon creates tithis of the waxing moon [shukla paksha] and the dark cycle of the moon; the waning of the moon is called the Krssna paksha. Each day [dina] is a tithi in the lunar calendar referred to in relation to the shukla/ krssna paksha.

*Shankaracharya's Prayer:*

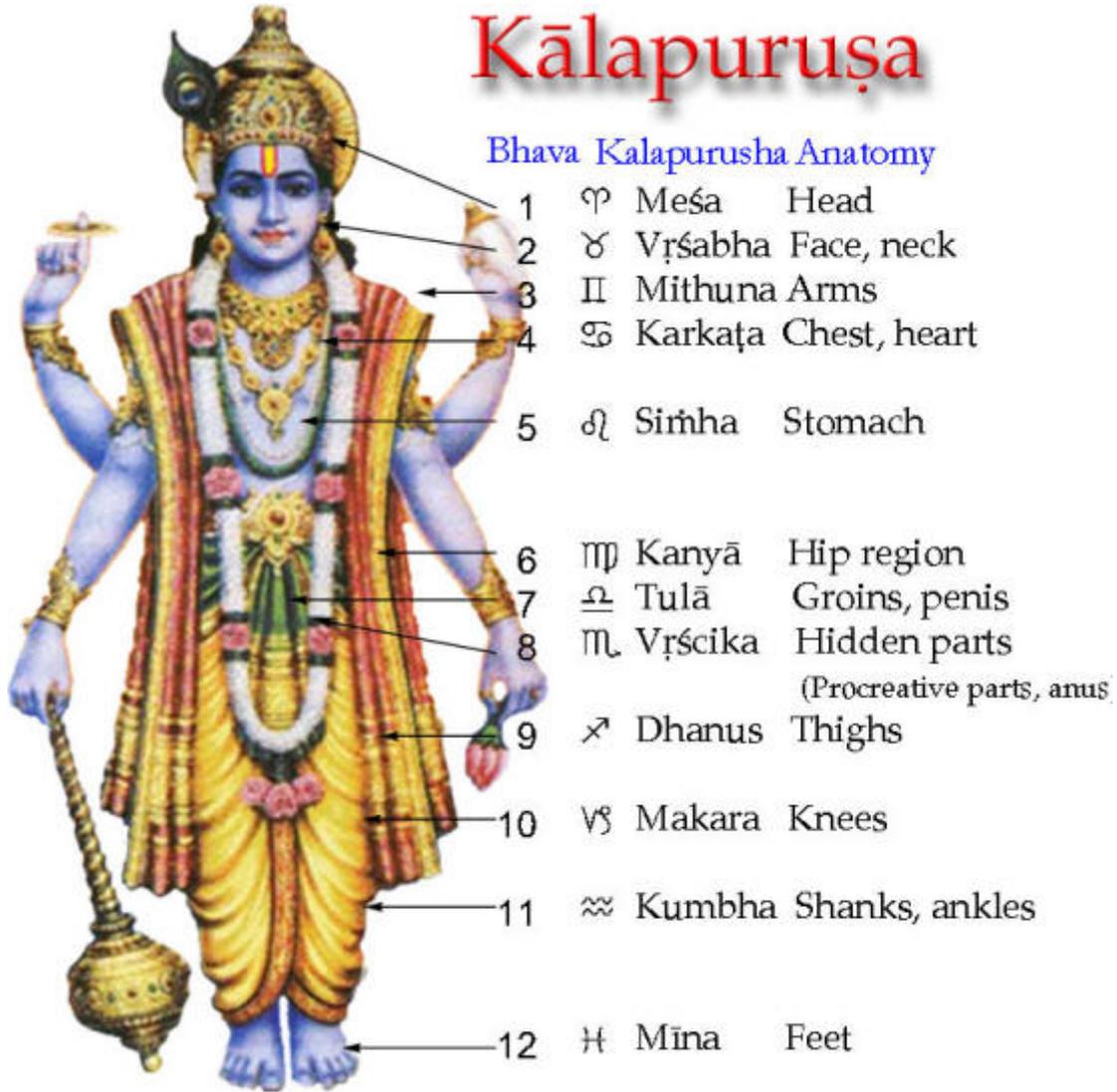
ॐ नारायणः परोऽव्यक्तादण्डमव्यक्तसम्भवम् ।  
अण्डस्यान्तस्तित्वमे लोकाः सप्तदीपा च मेदिनी । ।

OM NARAYANAH PAROAVYAKTADANDAMAVYAKTASAMBHAVAM ;  
ANDASYANTASTITVAME LOKAH SAPTADEEPA CHA MEDINI

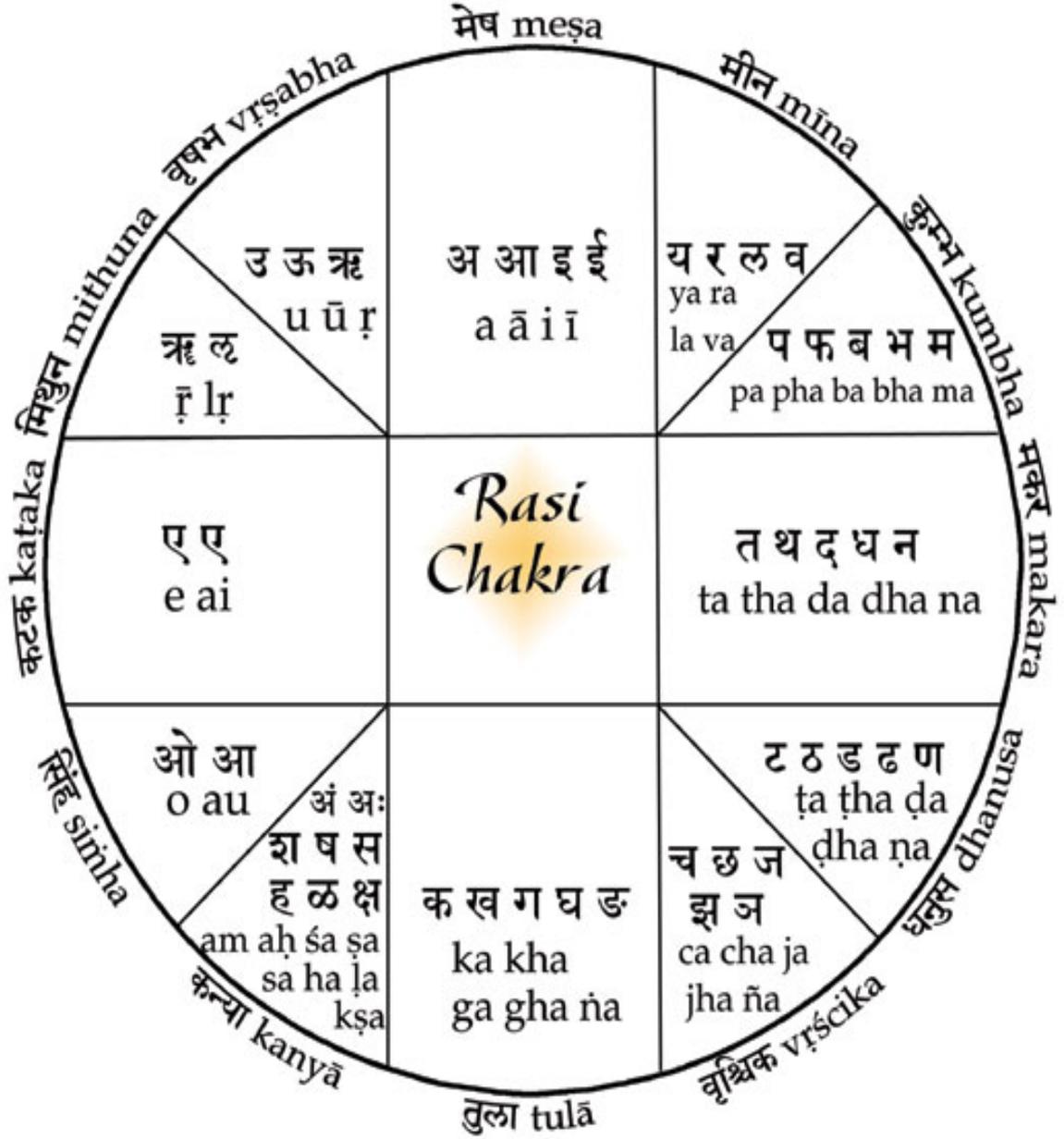
Translation: OM[2]: NARAYANA[3] IS BEYOND (MUCH ABOVE) THE UNMANIFEST[4]. THE BRAHMANDA[5] (COSMIC EGG) EVOLVES FROM THE UNMANIFEST. THE BRAHMANDA CONTAINS ALL THE WORLDS INCLUDING THIS EARTH WITH ITS SEVEN CONTINENTS.

Therefore Bhagavan is beyond the kaal chakra a kaala purusha.

# Kālapuruṣa



**Rashi chakra:**



The earth cycle, the fire cycle, the water cycle, the wind cycle, the spirit cycle all rotate and revolve around the Sun in karma. Biological cycles, like the sound and light waves, the geological cycles, the scientific cycles of the planets create atmospheric orb. Each phase has a different atmospheric orb as it perpetuates in karma. When the planets move around the rashi chakra, the sky creates vibrations and affects us in karma. Adverse planetary transits bring to earth negative karma, whereas prolific planetary transits bring to earth positive karma or positive vibrations.

In karma, there are no soul contracts. Our soul's programming is based on its DNA programming to be enacted out as encoded in accordance with karma bank. It is the release as if a canisters or time capsule. What we label 'karmic lessons' are the experiences our souls that came into the physical realm to experience from previous life time into the present life time. Consciousness moves from lower frequencies of drama in our bi-polar reality - to the healing grid to create balance - spiralling DNA - spiralling consciousness - moving ever higher - into frequencies/vibrations of total awareness.

Bad Planetary Influence is nothing else than a weak moment in our life, when the resulting reactions of the undesirable actions (Bad Karma's) of our past, gain a window of opportunity to cause us adversities and unpleasantness. A simplified example is: whilst we are driving very fast (a weak moment), we happen to come in to a stretch of bad road and it is raining (malefic conditions). Our tyres have become unreliable since we did not care about those in the past (past bad karma), so just think what can be the result if we happen to break (opportunity) hard? Our car would skid and screech on the malefic conditions. On the other hand, knowing that conditions are going to be bad by looking at weather forecast or reducing the speed or keeping a proper maintenance schedule could have done a great difference. Though the real cause is some thing else, we can safely call skidding as a malefic effect of Rain. Even more plausible is if we listen to our inner voice and stay at home to do our jaaps and to be at peace with GOD, we save a misfortune or adversity happening to us. However, we seldom listen to our inner voice.

Our actions follow the avenues of our own karma in tracing us, but our will at each moment is free to fashion our future karma IN FATE.

It is determinism to the extent that the unchangeable law of karma shadows it, but life, which is guided by free will, does not follow any preordained pattern. Vedic philosophy has always denied the existence of a merciless fate which would play with human beings as it pleases. On the contrary, the sages have undeniably declared that human beings have control over their actions, but their actions have no control over their results. Astrologers say that there are two forces, Daiva and Purushakara, fate and individual energy. The individual energy can modify and even frustrate fate. Moreover, the stars often indicate several fate possibilities; for example, that one may die in mid-age, but that if, through determinism it can be overcome, one can live to a predictable old age. Thus, astrology does not say that events must and should happen, but gives the benefic and malefic tendencies which can be directed or modified through conscious effort.

Then, how would one define and relate cosmological Vedic astrology? It is the philosophy of discovering and analyzing past impulses and future actions of both individual and nations in the light of planetary configurations. Astrology explains life's reactions to planetary vibrations. It can also be defined as a science of correlation of astronomical facts with terrestrial events. However, astrology remains a mystical mysterious wisdom of the seers and sages and cannot and should not as such be put to test in examinations, institutional man made fearful criteria of evaluations. Astrology has been called the science of indications, but it does not follow that the stars rule our destiny. The stars merely record a destiny that has already been formed. They are then a symbol, not a force, or if their actions constitute a force, it is a transmitting energy, not an originating power. The planets do not dictate, but indicate the energies that are influencing a situation in a given time.

The birth horoscope reveals the general path of destiny by way of the disposition of the planets. The timing of events is indicated by the Dasha and Bhukti periods because they show when a planet will come into its relative strength or weakness. The exact timing is further determined by the transiting planets which are influencing the Dasha or Bhukti lords. The Dasha and Bhukti cycles are unique to Vedic Astrology and are an essential component to the astrologer's accuracy of predictions. The relationship between karma and astrology can be likened to that of a thermometer and body temperature. The thermometer does not bring about a fever, just as the planets do not cause events to happen. Rather, they indicate the challenges one has to face in life's pilgrimage due to causes generated by the individual's past actions. This is called "karma", the ultimate law of justice, which rules all life. It again suggests a kind of determinism exists in nature.

Further, astrology does social good by propagating, though indirectly, that one must try to sow better that one might reap better. So the correct understanding of Vedic Astrology is that it is a blend of free will and fatalism. But this does not mean that astrology implies any fatalism or rigid determinism. Of course, there are persons to whom astrology does not apply, in which case such persons are masters of their own destiny. Such people are sages who control their own senses and also the five elements of the Universe. They control the time and the creation; in other words, they control the planetary effects. Such great beings' free will prevails over the tendencies of the planets. They can do and undo things. This is why the great sage Parashara says: "Oh! The Best among Brahmins! I tell you the maximum longevity for various beings: for gods and sages it is limitless."

So astrology has been given to humanity to help guide them by making them conscious of their patterns and tendencies in this life according to what are called the four Parusharthas, or guidelines for conscious living. They are: Dharma (right conduct) Artha (wealth and finances) Kama (pleasure and entertainment in the earthly domain) Moksha (ultimate liberation). That is why when astrology is practiced with right knowledge and understanding and the client has the right spirit, it helps them rise above the challenges thereby enabling one to reach higher goals and evolution of life towards God consciousness.

An astrologer is a counsellor therefore, a guide, a spiritual practitioner, and a wise therapist who understands beyond the sheaths of the physical levels.

Our nature at large sustains itself through the cycles of karma. Nothing therefore remains in the same state as before. Everything is subject to change. Karma? What exactly is it, and what kind of impact can it have on our life? Karma has paradoxical theme of discussion throughout history in various religious doctrines and occult writings. It is a topic with many misunderstandings. Karma, put simply, is the cumulative positive or negative result from our thoughts, actions, and reality creating as that result affects your present reality. Karma however is influenced by 'Kaal' fated time on earth by the rashi chakra. 'Karma' is our own personal look into the reality-mirror and the seeing of the inner "us" the true self-spirit of life expressing itself within spectrum of time and space. Time is an important factor here because the human karmic wave is on a seven-year cycle. Interestingly, United States of America waged a war and invaded Iraq early 2003, seven years thence will be 2010. Therefore, our karmic cycle of seven years will see us through an ardent and speculatively ridiculous humanity damaged by wretchedness of egocentric stubbornness.

According to Karma, every seven-years [others spiritualists say 71/2 years] our general circumstances will change to reflect your actions from your previous seven-years. For example, if we were kind to others seven-years ago, our current reality condition and circumstances will reflect that quality; others will be kind to us seven years thence. However, if we were cruel to someone and sadistic to someone without compassion, we shall repay the karmic consequences our vikarma or bad karma axiomatically without fail. This aspect of karma is superior to birth charts and eventually karma is superior to birth charts no matter what good or what bad the planetary horoscopes portray in a map. Birth charts are only an overall guide map or an overall map portrayed from our previous life karma.

The implications positive and negative, that we inflict on ourselves or on others will rebound back at us seven-years thence and seven and half years later.

"Thou shall reap as thou hast sown" is a phrase that expresses karma very nicely and precisely. Such karma is a "vikarma" or bad karma that hurts or otherwise causes deliberate harm to another. To sustain harm and to withstand long abuse is only a duty of the self respected spirit of life and one who allows another to bully for long term is deficient in character and integrity! Out of fear, if one allows another to pursue the path of bully, oppression, suppression and terrorism, then the consequences will be wrath of bloodshed or death or suicide or aggressive conclusion or perversion or abuse. Therefore, abuse of any kind is a sin! Abusing trust is a sin, abusing another demeaning another's self respect, integrity and livelihood is a sin!

No one humanbeing or collective human race or collective nation has a right to prey into the territorial integrity and territorial circumference of another without the consensus of the unilateral global nations all together!

That is very clear: Law should be applicable to everyone alike; not that U.S.A. should be privileged exception to the rule of invasion and AFRICA and INDIA should be subserviently obligatory towards the super imperialism. Law and order brings welfare in the world. Law and order form justice and peace for humanity universally just as karmic law applies to everything animate and inanimate.

Intimidating weaker with power is a very bad karma indeed. Such karma implies that one who intimidates another in a weaker position is a coward and inferior towards his or her own spirit of life. Such a person either confirms to becoming stubborn, rigid and uncompromisingly autocratic eventually and just as Vedas refer "bull" to being such personalities, personalities who bring misery to mass people, mass population, country at large and world in return are omen of bad karma and devils of wretchedness of nature. If one should condemn terrorism, one must also strive to contemplate its root causes and why the oppressed and the suppressed eventually rebel and riot into violence. One must strive to understand whether violence is an act of deliberation or an act of aggression emanating from anger, hatred, frustration, suppression, and diabolical resolution of means to suffice an end in one's regimental prowess! The trap with karma is the delay between 'cause' and 'effect'. You can, for example be very giving to others, over a seven-year period, so that in the next seven-year period others are very giving back to you. Now, during this 'giving' karmic-manifestation period, you can change your attitude and treat others selfishly and others will still tend to treat you kindly. The karma of the 'giving' cycle has not yet expired! This action can give you the false impression that it does not matter whether you are selfish or giving to others because, whatever you do, people seem giving toward you.

However, you will find out soon (when that second seven-year cycle is over) that your wonderful reality no longer exists and the people around you, who were once giving to you, are now acting selfish toward you. Your reality is now mirroring back at you the new karmic wave of your past behaviour. Unfortunately, most people will not connect the consecutive seven-year periods and their cause and effect because of the delay between karmic-formation and karmic-manifestation. It is difficult enough to remember what you did last week, much less seven-years ago! However, the system, despite your inability to keep track of your behaviour from a decade ago, still works.

Usually it is the reflected seven-year period itself, of the negative pattern back at you, that makes you sick of that pattern and you begin to eliminate it from your life permanently. Unfortunately, by this time you have already begun to build the next seven-year karmic wave, as a result, you may have to wade through a second seven-year period before you can reap the benefits of your new karmic pattern. The farmer who ceases to abuse his land will not see a bountiful harvest right away. His land will take time to recover from the damage caused by the abuse and miss application of farming principles. In other words, it will take time to reverse a negative karmic wave that is already in the building stages (anywhere from 4 to 14 years).

Now, you can avoid this karmic trap by understanding the ground rules of karma and respecting its purpose. That purpose, of course, is to help instil within you the ideas behind good consciousness toward yourself and others. It may seem fun to be destructive and oppressive to others, but those aspects are not much fun when they are forced upon you, as they will be with the return of your karmic wave. Understanding that what you do today can come back to you several years later can be a great ally and motivator toward fostering a positive, kind reality. For example, by giving to others, today, you insure that in the future and the next seven-year cycle others will be giving to you. Continuing this giving attitude into the next seven-year cycle will further accelerate this giving back to you and ensure that you and your reality are always kind. You may have noticed that, thus far, in this chapter, we've talked more or less about unwanted karma and have not talked about karma that is pleasant or productive to your reality. Both kinds of karma always exist in your reality. I'll bet that most of you don't ever think about karma being pleasant or productive, do you? Karma is most often associated with the negative quality of life because it is those negative qualities that you tend to remember the most and those positive you tend to forget the most.

When one does wrong to you, you never seem to forget and forgive easily because the grief of hurt is buried deep down the sub consciousness. It may seem unaware to be destructive and oppressive to others, but those aspects are not much fun when they are re-enforced upon you, as they will be with the return of your karmic wave. Hurt is a memory that stays. It does not go away until pain manifests either ways. Hurting someone deliberately then to claim pious holy virtuousness is not appropriate at all. What goes around does come around make no mistake about this. Astrology can not will not and is not for the sake of wiping out tears of wrong!

Sadly (and this is something you must change if you fall into this category) pain is the final equalizer and lesson setter, for those people that cannot and will-not learn by any other way. Those who utilise Astrology remedies must firstly replenish, repent, and forgo transformation within to become better humanbeings then to cleanse out the toxins or the wrongfulness by removing negative karma then only one can enjoy the benefits of GOOD karmic fate.

Fate is every changing with the karma. Fate never remains the same. If one is ill fated today, the same person may not be ill fated ten years hence if this person resolutely strives to change towards becoming a better spiritually aware spirit of life. When one becomes 'sharnagatee' [godly] divinely one things divinely and protects the weaker, protects the dharma from invasion by nasty intentions.

Karma can be very positive in nature, and that outlook is the proper way to view karma. For instance, the condition of good health is the by-product of a karmic wave too. A healthy attitude toward yourself and others generates a karmic wave of health for yourself over the next seven-years. Also, keeping in mind that karma can be positive will help you to more quickly weed out any negative attitudes or ways and have you creating more of those positive aspects in your life. Weeding out those negative aspects in your life does not mean focusing on them to the exclusion of all else. You also need to recognize all those positive karmic patterns that you possess as well, otherwise you will never know the positive side of karma and always look at it as the great oppressor, instead of the great liberator as it really is. One may be wondering about negative acts and karma from a previous life time; how does it effect our present incarnation? Some people say that a person is thrust into unpleasant situations, in this life, because of the karma of a previous life as stipulated in KAAL SARPA YOG. This kind of thinking is not correct! You are NEVER held back in the present life time by something done in a previous life time. Rather, it is the carrying over of negative behavior from that previous life time that generates the unpleasant karma in the new life time.

In many cases, as a child, the soul begins to manifest unpleasant, negative aspects from a previous incarnation almost immediately into the present incarnation. This action begins to form his or her seven-year karmic cycle based on that behavior. By the age of seven a child is building his/her next karmic-wave and living out some of the karmic wave that came from the early developmental years - say from the age of four on upward. Even infants begin to build a karmic wave, though that wave is not noticeable because it does not show itself in regular physical ways. Infants, for the most part, are still experiencing their primary reality in the non-physical and much of their early karmic wave will be played out in the non-physical.

Also, thinking logically about it, karmic waves reaching from a previous live into a present life are just not practical. There is no need for an individual to re-experience some unpleasant karma once he or she has learned the lesson from that karma. Such a practice would make the karmic system of development ineffective and oppressive. Usually, when a person spends an entire life-time experiencing a particular unpleasant aspect, it is because they either failed to learn that particular karmic lesson in the previous life and carry that pattern over, repeating that pattern in the present life, or... because they have come to desire this negative aspect (as unpleasant as it may be) and seek it in the present life, creating it over and over again. In the first case it is a matter of repeating the same pattern in the new life - nothing is reaching from beyond the grave of a previous life and into the present. You are just creating the same karmic waves that you did in the previous life, but doing it now. In the second case, the individual is unable to create a life without that negative, unpleasant aspect because that individual is dependent on the goodies from that negative, unpleasant aspect. For example, many people seek unhealthiness because they have grown dependent on the attention from others that this aspect draws into their lives. Here, karma has little to do with the unpleasant, negative situation that is being recreated over and over. It is the individual himself that is creating that unpleasant situation on a daily basis. Let's take a moment to examine how a karmic wave gets formed. A karmic wave creates in a very mechanical way. Your actions, thoughts, and reality creating manifest an energy-echo from each creative act - be it constructive or destructive in nature. Naturally, this energy-echo contains similar blueprints to its original, but this energy-echo is very minimal and does not possess sufficient energy on its own to do any reality creating. However, the energy-echo is keyed to your auric pattern (having being created by you) and hangs around. These energy-echo patterns eventually fall into an out-of-time context and lay dormant until enough of them can group together to reappear into the physical system.

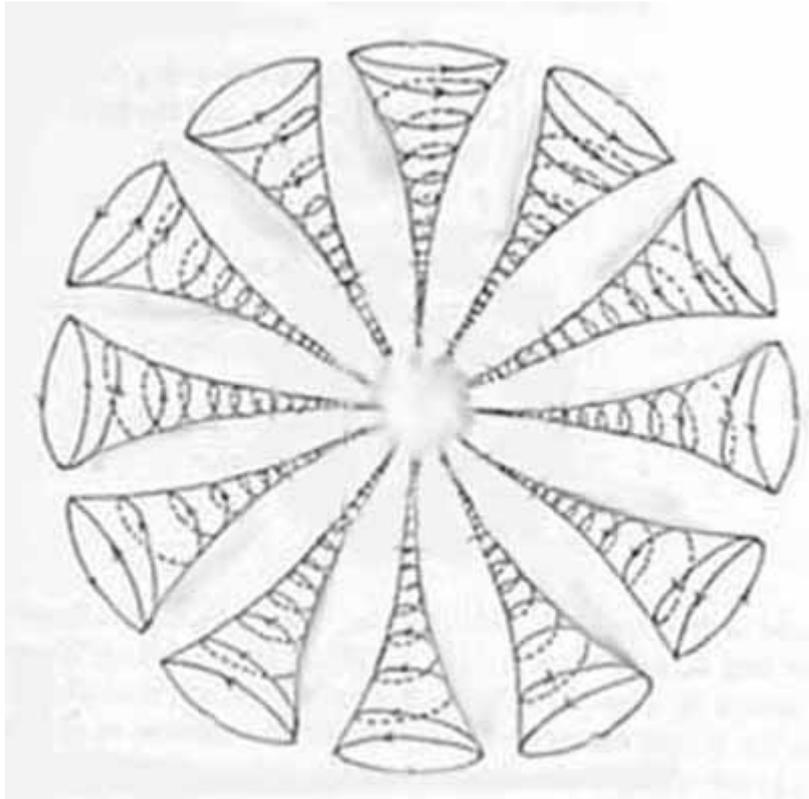
In the physical system karmic period is about seven-years. These low-level energy patterns will take seven-years to achieve a sufficient energy level before being drawn back into the physical system. Once this conglomeration of energy reappears into the physical system, it enters the person's aura and replaces the old, fading karmic pattern. Now the person begins to create the energy pattern of the new karma while, again, creating a karmic echo pattern for the next cycle.

When a karmic wave becomes part of your aura, it predisposes all of your thoughts and actions toward those aspects that the pattern contains. You can't help but to pull these kinds of events toward you because your energy contains a great deal of these qualities. If these qualities are positive and pleasant in nature, you will draw toward you a positive and pleasant reality. All of your actions will have a positive and pleasant bent and that mindset will naturally gravitate you toward those situations and people. On the other hand, if that karmic wave is negative and unpleasant, you will naturally gravitate negative and unpleasant events toward you. You can see, again, the glory and the trap of the system. A positive, pleasant karmic wave will help your reality to become more positive and pleasant. A negative, unpleasant wave will help your reality to become more negative and unpleasant. The key, naturally, to freeing yourself from a negative, unpleasant karmic wave is to begin to build a new positive, pleasant karmic wave. You should immediately stop any activity or mindset that is destructive or abusive to others or yourself.

The second part of this process is patience. You must give your reality and your new karmic wave the time to build and take its place within your aura. Hurrying will not get you there any faster, but delaying will just push off your positive, pleasant reality even longer and will have you reaping a negative, unpleasant reality for that much longer. Remember that we are talking about karmic patterns (plural). The karmic wave that surrounds you is a complex energy pattern made of every aspect of your life. Wealth, prosperity, friendship, etc. are all components of one karmic wave. Change only those components that are destructive to yourself and others; leave the ones that are constructive to yourself and others.

**Conclusively**, our thoughts as well as our actions should be guarded because intentions initiate karma, and desires ignite the flame of the cycle of karma. By not acting on a negative or destructive impulse, you've taken the first step. However, the second step is to eliminate the thought of that impulse from your mind. You see! Thoughts carry with them their own form of karmic wave. For example, if you always think (but never say) that everyone around you is stupid, seven-years from now everyone will think you are stupid (and never tell you).

You can see the twisted irony in this example, can't you? It would be better to eliminate the thought that 'everyone is stupid' right from your mind, that way seven-years from now you won't be held back in your reality because everyone thinks you are stupid. If one thinks of others lower than oneself, sooner others will see one as a low life moron and might even not say it. Respect is something that is earned. It is like karma rarely demanded and scrupulously impossible to chart out in one's favour.



According to Vedic astrology, the karmic cycle of a cause is twelve in months, or days or hours. Twelve transforms into thirteen, fourteen, and fifteen. Thence, the day's ekadashi, dwadashi, trayodashi, chaturdashi, and amavasya are five days very crucial for giving oblation to the spirit world. Most frightening karmic yogs emanating from astrology are kaal sarpa yog, Shanni dosha, and purva-pitri shrapp, curse of a Brahmin, tithi dosha, and mangal dosha. When suffering comes un-invited, it is karmic, regardless of what anyone says. To feel nothing for another who suffers is like becoming numb towards the whole entire human problem and hence selfish. Only our compassion can understand the grief of hurt from pain. Pain is not something that will disappear. Pain has been invoked the minute we distrust one another and the minute we hurt one another with gross personal arrogance, gross personal hatred, gross antagonism, gross personal anger, and gross personal vendetta. Vengeance is a bad karma; to show anger and to reciprocate anger is bad karma.

It is now accepted by medical doctors that most diseases are born out of anger and anxiety. Law of karma spares no one. We have to learn to accept our losses as much as we have enjoyed our gains. Our gains were as a result of accumulation of good karma from previous lifetime.

Our Vedic heritage allows us to contemplate upon our karma daily. It brings us opportunities to reflect upon our karma, our intentions, our thoughts, our inner selves, and our ideals. “Yagna” is a hommamm of reciting holy mantras declaring our divine intentions to the AGNEE deva. Only thence we can site quietly and contemplate in mantra jaaps or mantra manjaree.

Sitting quietly at the dawn and the dusk are considered to be most spiritual experiences We are on the earth plane for two reasons. First, we are here to play a role in the evolution of humankind on an universal level. Second, we have made a pact within ourselves to evolve on a personal level. These two goals are decidedly interconnected and cannot be separated; like the lunar pull on the tides here on Earth, our soul pulls our current personality forward. As we struggle with personal evolution, our thoughts and actions seep into the universal soul and affect everyone and everything on Earth and indeed, in our entire Solar system (perhaps beyond).

While working on personal evolution consciously, the soul is simultaneously working on a higher plane for the greater good. Although the soul is embedded in the current incarnation, it has memories and ways of being that may not feel comfortable to the current personality until some growth has occurred. It is my belief that the soul is in constant contact with both the source of all being and with all other souls. It moves freely through time and space, making contact and searching for answers, particularly while we sleep. As we evolve personally, we gain more access to the knowledge of our soul and thus, more access to the knowledge of other souls and the universe itself. We may begin to form relationships we would have never considered previously and we may begin looking to other beings who are more ‘aware’ for guidance. The importance of physical beauty begins to lose its hold on us as we begin to see the beauty in everything and everyone, and more importantly, we look beyond the wounded facades that others present and see the light of their being. Even in the darkest pits of despair, we are consciously aware of the light. Continuing on a path of growth, we will begin to embrace the hard times as simply patterns of evolution and recognize that we ‘need’ this difficult situation so that we may refine our soul. Life’s circular motion reminds us that we need the dark and the light to be whole. Through this work, we develop traits of the Aquarian.

We become humanitarians and spread our love far and wide. The concept of brotherhood is well understood as we journey along our path. Karmic astrology is a step beyond the astrology most people associate with the artistic science. Astrology is basically a title for a collection of various studies that utilize astrological information. The astrology most people are familiar with, often termed 'conventional astrology' is basically what I call personality astrology. <sup>1</sup>

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#### <sup>1</sup> Natal Chart

A natal chart is cast using the time, date and location of birth and shows everything you bring into this life time. This chart is seen as a painting of your past lives, and the beliefs that you developed in those lives. Examining this chart is useful in helping you to better understand and accept yourself, your lessons, and your purpose for being here.

#### Progression

A progression is based in the natal chart. It shows the kinds of growth cycles, opportunities and challenges that you are inviting into your life now. A progression is useful for helping you to see where your energy may be best spent. It is easy for us to spin our wheels on things that are not relevant to our growth and happiness. By shifting our focus to the areas of life that our innerself is currently drawn to, we find that life is generally an easier and more fulfilling experience.

#### Composite

A composite is cast using two or more natal charts. It is a chart of the relationship itself, and shows what is created by the joining of the individuals. It provides insight into the nature and purpose of the relationship, as well as how the relationship can support or detract from individuals' goals.

#### Houses

Every chart is divided into houses. These are areas of life experience. Karmic Astrology uses an equal house system, therefore once the ascendant is determined, the chart is divided up into 12 equal sections using the ascendant as the starting point.

#### Signs and rashi

The twelve signs of the zodiac are styles of expression. They show karmic patterns that have been developed, and the kind of historical experience being brought into the current life time. Every natal contains all twelve signs.

#### Planets

The planets are seen as energy processes. Aspects are the way in which these energies do or don't work together.

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The signs are the styles through which these energies are most easily expressed, and the houses are the areas of life in which these energies are most naturally expressed.

### Karmic Nodes

The Karmic Nodes are like snapshots that summarize your karma. The south node shows the dominant karmic patterns that you are attempting to release in this life time. The north node shows the purpose for this life time. The north node is always directly opposite the south node. Only by releasing the karmic patterns of the south node and developing opposite patterns will the goal in this life be achieved.

### Angles

The angles are the geometric relationships between the pieces in a chart. They show how the pieces interact with each other and the chart as a whole. The main angles used are conjunction, sextile, square, trine, quincunx, and opposition. These show if the pieces are unified, in harmony or in conflict.

### Numerology

The numerology of the degree and minutes of each piece in the chart provides great insight and definition for each piece.

### Synastry

Synastry is the comparison of natal charts. This comparison shows how two people are alike or different, what kind of buttons get pushed by one another, what can attract or repel, etc.

### Transits

Transits are the current positions of the planets. Looking at where the transits are in relation to your natal chart shows you how the energy outside of you will or won't support where you are.

### Navamsha:

The nine part chart of the soul and its karmic representations are most significant to the rashi chart.

### Dasa Bhutki and Dasa karma astrology

Dasa the major planetary dasa will show basic characteristic of karmic sufferings. Ketu and Rahu are karmic nodes and karmic planets.

Using the birth-charts, an astrologer looks at the person you are now and may give some information and advice on how to use your gifts while minimizing your liabilities. Karmic astrology is looking at the past—who you were, or the type of person you could have been—and showing you how you came to be the person you are now. It helps you understand the “why” in such questions as “Why am I so fearful of change”, “Why do I have such difficulty committing in relationship.” The list of Why’s can get very long! When a person is ready to tackle these questions, they are accepting the challenges of evolution. A Karmic Reading is not for the light-hearted; it is for the person who is ready to know and ready to move forward. Knowing about your past can propel you headlong into the future. You must be ready! Upon reading your Karmic reading, you may or may not be surprised. If you are quite evolved with deep knowledge of the self, you will likely silently nod your head in agreement. If you have been blocking out or repressing parts of the psyche, you may very well feel shocked at some of the revelations. Sometimes a person may say to himself or herself “This is not my past! How can this be me!” and it is months (or years!) down the road before their current personality is ready to accept the work ahead. In my practice, I have rarely come upon this response and it is a sign of a person prematurely asking for answers they are not ready to receive. I can often sense this upon first contact and I have to use my personal judgement as to how much I should divulge to these individuals. Most of the people I counsel and work with are ready to tackle karma. The general response is some amazement and self-acceptance and a deep, intuitive knowing. Others suddenly feel free, as if they are floating in an ocean of understanding. These are the ones I feel I have helped the most. They are ready to move forward and yet cannot see through the fog on their own. My insights pinpoint the areas they could not see—or they could see but for some reason could not accept.

Karma is a system of checks and balances. It is not necessarily good or bad—it just is. We have accumulated both aspects of karma [negative and positive] in our journey; and, we will continue to do so as we navigate within the maze of evolution. What we are trying to achieve is an ultimate balance that will free our soul from this plane. We are all dark and light. We all have the potential to be whole, and this means we all have the potential to accept who we are and we all have the power to create the life we want and need. It may not happen in this life, but as long as we are striving continually to become that vision of who we want to be, we will be fulfilling the path most suitable for our growth. Listen to your intuition—it knows much more than many of us give it credit for. Our intuition is our link to our spirit, and our link to the universal grand spirit of all life.

The way life treats us is a merciless mirror image of our own attitude towards life when we try to sit quietly and contemplate upon karma.

Karma cycles with the influence of Saturn [lessons of past] are seven years. Karma cycles with the influence of all nine planets are accumulative of ten years.

Our human life is a journey of our human spirit of life. Our spirit of life journeys across the karmic path and when our spirit of life is awakened, leads us onwards towards pilgrimage of the soul divine. Evolutionary astrology brings out those spiritual aspects of our soul journey by examining the dharmic houses namely the first house, the ninth house, the twelfth house and the seventh house in aspects and quality of planets occupying them.

The spiritual life is a circle of transcendental dance and one of the great dance teachers is the astrological wheel. Karmic Astrology focuses on the spiritual life. The simplest definition of karma is what goes around comes around. Contrary to popular belief, karma is neither good nor bad. Karma is an opportunity for our soul to evolve while learning to dance the dance of life.

The most common chart interpretation is the birth chart/rashi chart, the navamsha chart the chalit kundali and the varshaphal. In Karmic Astrology this Natal chart is a portrait of the dance between heaven and earth at the time of your birth. The chart contains many spiritual lessons. A birth chart offers perspective on the major challenges and joys in your life. Interpretation of your chart with a karmic astrologer provides support and instruction on learning to dance with grace.

This universal dance is a circle dance in three/four timing. Threes and fours are found repeatedly within the astrology chart. The threes represent the spiritual world while the fours represent the earth's four directions. There are three zodiac signs in each of the four elements, earth, air, fire and water. When looking at a chart there is a natural clock face to astrology made up of a wheel with twelve houses. Astrology is a three fold system made up of the planets, zodiac signs and houses. This dance moves continually as the stars and planets move about the galaxy, weaving intricate variations into each individual chart.

The highest of the three levels is the planets and the impact their spiritual energy has on us. The planets can be viewed as Archetypal entities which reside in the heavens and within us. The word archetype became widely accepted through the works of Carl Jung who believed that the worlds mythology was based on universal archetypes. In every culture stories exist that have the same archetypal figure of the care giver, warrior or mystic. In Latin the root of archetype means model, a prototype.

In Greek it means ruler. Here; archetype stands for a combination of both universal model and ruler. Each planet is assigned an archetype and has an enlightened side and shadow principle.

The zodiac signs make up our personalities. Like our personalities, the astrological profile is complicated. The local media forecaster never meets an individual's needs the way a full chart interpretation can. Most of the zodiac signs (constellations) are represented by animals. Astrology is an ancient science birthed in the age of Earth religions when the environment and animals were respected and cared for. To further understand your personality study the characteristics of the animal of your sun sign. The house system pulls the chart together. The houses are the environment, the ball room dance floor on which this cosmic dance takes place. First you are born with a soul already existing before you form a personality. Your personality is how you dance the dance, how you move your feet to the rhythm of the universe. How your personality is expressed in the world can be seen on the dance floor.

A karmic astrology reading differs widely from other chart interpretations. Astrology is a healing art as well as a science. Chart interpretation by a karmic astrologer focuses on the spiritual aspects and life lessons seen in the chart. The archetypes within can be likened to a group of dancers. The Sun in your chart is governed by the archetype of the Creator. The Creator is the creator of your life and the choreographer of this dance. Astrology focuses first on your Sun, Moon and rising sign. In Karmic astrology the Moon is associated with the archetype of the Care Giver and teaches you about your emotions and relationships. The rising sign represents a person's greatest life lesson while on Earth. Often we select marriage partners whose Sun sign is the same as our rising sign.

In addition to the sign on the horizon there are two major areas depicting life lessons in the birth chart. They are the midheaven and the nodes of the moon. The midheaven relates to one's aspirations in life. The nodes of the Moon are similar to the Earth's North and South poles. The symbol for the South node looks like a basket and holds energy already in existence when you came into this life. The North node represents your soul's progressive climb to reach the top rung of a ladder.

In a general astrology practice, after the Natal chart is interpreted an individual may see their astrologer once a year for a solar return. Karmic astrology opens the way to view and experience astrology in a wider context as a healing modality. One highly creative approach to further explore the richness of karmic astrology is Astrological dreaming.

In a series of healing sessions, the individual is guided into a deep state of relaxation. Through a visualization process form is given to the archetypes associated with each planet. A trance dialog is encouraged among these personified archetypes based on aspects present in the individual's astrological chart. The inner life of the soul benefits immeasurably as the archetypes learn to dance in step with one another. Greater mastery and fulfilment are achieved from an increasing awareness of the self as containing divinity. Astrology is key to understanding the dance between heaven and the earth – the karmic dance.

*Let us forego all superstitions and old worn out traditions that are unhelpful in our evolution in order to evolve in 'SATT-KARMA'. Let us become more humane, more truthful and more respectful towards one another and forego our old ways of holding onto imperfections. In seeking the truth, let us forgo the fanaticism of becoming obsessed and overwhelmed with the fanatics of religion. Let us assuage from the illnesses and diseases of life by becoming more placid, more loving and more peacefully quiet so that we tolerate aggression, hatred, anger, and loud noises not by reacting to the hurt but by letting go of what is not ours to be.*

*Everything you do will offend someone. Even your every inaction will offend someone. You can't win. It is impossible to please everyone.*

*Your best strategy is just to Do The Right Thing and forget about karma both good and bad. Get on with your life.*

*Don't waste time waiting for someone to return your love or for someone to do you good.*

*Karmic cycles perpetuate on deeds so just let us keep on doing the rightful deeds, with the rightful intentions, for the rightful causes and for the right reasons.*

*We are only humans.*

*PREMMA and SHANTI*

*JYOTIKAR PATTNI*

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*May there be peace in the hearts of all those who suffer pain.*