

HANUMANTHA_Hanuman chalisa

[A DIVINE RECITAL OF LORD HANUMAN]

Hanumanji Maharaj was/is a SuryaVanshi putra a royal dynasty of the Raghu-Vanar group of Monkey-humans whose King was Vibhishana.

Hanuman was born in Treta Yuga, as the son of Anjana a female vanara (monkey). Anjana was actually an apsara (a celestial being), who, due to a curse, was born on the earth as a female vanara. The curse was to be removed after she gave birth to an incarnation of Lord Shiva. Anjana was the wife of Kesari, a powerful vanara who once killed a mighty elephant that was troubling sages and hermits. Along with Kesari, Anjana performed intense prayers to Lord Shiva to beget him as their child. Pleased with their devotion, Lord Shiva granted them the boon they sought.

At the time that Anjana was worshipping Lord Shiva, elsewhere, Maharaj Dasaratha, the king of Ayodhya, was performing a Yagna in order to be blessed with children. As a result, he received some sacred sweet rice which was shared by his three wives, leading to the births of Lord Rama, Lakshmana, Bharata and Shatrughna. By divine ordinance, a kite snatched a fragment of that pudding, and dropped it while flying over the forest where Anjana was engaged in worship. Vayu (the god of wind) delivered the falling pudding into the outstretched hands of Anjana, who consumed it. As a result Hanuman was born to her.

Hanuman's spiritual father is Vayu. So Hanuman is also called Pavan-putra. Being divine, Hanuman was born with immense physical strength, the power to fly, and divine levels of endurance. As a child, assuming the sun to be a ripe fruit, he once took flight to catch hold of it to eat. Observing this, Indra, the king of the demigods hurled his weapon, the Vajra (thunderbolt) at Hanuman, who fell back down to earth, broke his jaw and became unconscious. Upset, Vayu went into seclusion, taking the atmosphere with him. As living beings began to get asphyxiated, to pacify Vayu, Indra withdrew the effect of his thunderbolt and all the other devas revived Hanuman and blessed him with multiple boons. However, a permanent mark was left on his chin.

In his childhood Hanuman was very mischievous, and sometimes teased the meditating sages in the forests by snatching their personal belongings and by disturbing their well-arranged paraphernalia of worship. Finding his antics unbearable, but realising that Hanuman was but a child, albeit invincible, the sages placed a mild curse on him. By this curse Hanuman forgot his own prowess, and recollected it only when others reminded him.

Hanuman met Lord Rama whilst He was in exile for fourteen years in the forest. Lord Rama was with his brother Lakshmana, searching for his dharma-patni, Mother Sita, who had been abducted by the rakshasa emperor Ravana. Their search brought them to the vicinity of the mountain Rishyamukha, where Sugriva, along with his followers and friends, were in hiding from his elder brother Vali, the vanara emperor with whom he had had a serious misunderstanding. Vali had banished him from the kingdom, and was holding Sugriva's wife captive in his own palace.

Having seen Lord Rama and Lakshmana from a distance, Sugriva sent Hanuman to ascertain their identities. Hanuman approached the two brothers in the guise of a brahmin. Lord Rama noted that there was no defect in the brahmin's countenance, eyes, forehead, brows or any limb and praised Hanuman further, saying that sure success awaited the king whose emissaries were so accomplished as him.

When Lord Rama introduced himself, Hanuman revealed his own identity and fell prostrate before Lord Rama, who embraced him warmly. Thereafter, Hanuman's life became interwoven inextricably with that of Lord Rama. Hanuman then brought about a friendship and alliance between Lord Rama and Sugriva. Lord Rama helped Sugriva regain his honour and made him the King of Kishkindha, and in return, Sugriva and his vanaras helped Lord Rama reunite with Mother Sita after defeating Ravana, with Hanuman playing an indispensable role in it all.

In their search for Sita, a group of vanaras reached the southern seashore. Upon encountering the vast ocean, every vanara began to lament his inability to jump across the water. Hanuman too was saddened at the possible failure of his mission, until the other vanaras, and the wise bear Jambavan, began to recite his virtues. After recollecting his own powers, Hanuman enlarged his body and flew across the ocean. He reached Lanka, and marvelled at its beauty. After that he found Mother Sita sitting depressed in captivity in a garden, Hanuman revealed his identity to her, reassured and comforted her.

After meeting Sita, Hanuman began to wreak havoc and gradually destroyed the palaces and properties of Lanka. To subdue him, Ravana's son Indrajit used the Brahmastra. Though immune to the weapon, Hanuman let himself be bound by it. Deciding to use the opportunity to meet the renowned ruler of Lanka, and to assess the strength of Ravana's hordes, Hanuman allowed the rakshasa warriors to parade him through the streets. When he was presented in Ravana's court, Hanuman conveyed Lord Rama's message of caution to the powerful rakshasa, and demanded the safe return of Sita. He also

informed Ravana that Lord Rama would be willing to forgive him if he returned Sita safely and honourably.

Enraged, Ravana ordered that Hanuman be executed. However, Ravana's brother Vibheeshana intervened, pointing out that it was against the rules of engagement to kill a messenger. Ravana ordered that Hanuman's tail be lit instead. After frustrating them for a while, he allowed his tail to be lit, and then after escaping his captors with his tail on fire, he burnt down much of Lanka. After extinguishing the flames in the sea, he headed back to Lord Rama.

After the war in which the rakshasa king Ravana was slain and Mother Sita returned to Lord Rama, He was crowned emperor upon his return to Ayodhya. He decided to ceremoniously reward all those who had helped him defeat Ravana at a grand event in his court. Seeing Hanuman come up to him, an emotionally overwhelmed Rama took him into a warm embrace and said that he could never adequately honour or repay Hanuman for the help and services He had received. Sita, however, affectionately insisted that Hanuman deserved honour more than anyone else, and presented him with a necklace of pearls. After accepting it, Hanuman immediately took it apart, and began peering into the pearls. Taken aback, many of those present demanded Hanuman to explain why he was destroying the gift. In reply, Hanuman said that he was looking into the pearls to make sure that Rama and Sita were in them, because if they were not, the necklace was of no value to him. At this, a few ridiculed Hanuman, saying his reverence and love for Lord Rama and Mother Sita could not be as deep as he claimed. Upon this, Hanuman tore his chest open, and everyone was stunned to see Lord Rama and Mother Sita literally seated in his heart.

THUS I RECITE HANUMAN CHALISA WITH ALL MY HEART

<i>Shri Guru Charrann Saroj Raj</i>	After cleansing the mirror of my mind with the pollen
<i>Nij manne mukure sudhar</i>	dust of holy Guru's Lotus feet. I Profess the pure,
<i>Varnao Raghuvar Vimal Jasu</i>	untainted glory of Shri Raghuvar which bestows the four-
<i>Jo dayaku phal char</i>	fold fruits of life.(Dharma, Artha, Kama and Moksha).
<i>Budhi Hin Tanu Janike Sumirau Pavan Kumar</i>	Fully aware of the deficiency of my intelligence, I concentrate my attention on Pavan Kumar and humbly
<i>Bal budhi Vidya dehu mohe</i>	ask for strength, intelligence and true knowledge to

<i>Harahu Kalesa Vikar</i>	relieve me of all blemishes, causing pain.
<i>Jai Hanuman gyan gun sagar</i>	Victory to thee, O'Hanuman! Ocean of Wisdom-All
<i>Jai Kapis tihun lok ujagar</i>	hail to you O'Kapisa! (fountain-head of power, wisdom and Shiva-Shakti) You illuminate all the three worlds (Entire cosmos) with your glory.
<i>Ram doot atulit bal dhama</i>	You are the divine messenger of Shri Ram. The
<i>Anjani-putra Pavan sut nama</i>	repository of immeasurable strength, though known only as Son of Pavan (Wind), born of Anjani.
<i>Mahavir Vikram Bajrangi</i>	With Limbs as sturdy as Vajra (The mace of God Indra)
<i>Kumati nivar sumati Ke sangi</i>	you are valiant and brave. On you attends good Sense and Wisdom. You dispel the darkness of evil thoughts.
<i>Kanchan varan viraj subesa</i>	Your physique is beautiful golden coloured and your dress
<i>Kanan Kundal Kunchit Kesa</i>	is pretty. You wear ear rings and have long curly hair.
<i>Hath Vajra Aur Dhuvaje Viraje</i>	You carry in your hand a lightening bolt along with a victory
<i>Kandhe moonj janehu sajai</i>	(kesari) flag and wear the sacred thread on your shoulder.
<i>Sankar suvan kesri Nandan</i>	As a descendant of Lord Sankar, you are a comfort and pride
<i>Tej pratap maha jag vandan</i>	of Shri Kesari. With the lustre of your Vast Sway, you are propitiated all over the universe.
<i>Vidyavan guni ati chatur</i>	You are the repository of learning, virtuous and fully accom-
<i>Ram kaj karibe ko aatur</i>	plished, always keen to carry out the behest's of Shri Ram.

<i>Prabu charitra sunibe ko rasiya</i>	You are an ardent listener, always so keen to listen to the
<i>Ram Lakhan Sita man Basiya</i>	narration of Shri Ram's Life Stories. Your heart is filled with what Shri Ram stood for. You therefore always dwell in the hearts of Shri Ram, Lakshman and Sita.
<i>Sukshma roop dhari Siyahi dikhava</i>	You appeared before Sita in a Diminutive form and spoke to
<i>Vikat roop dhari lanka jarava</i>	her in humility. You assumed an awesome form and struck terror by setting Lanka on fire.
<i>Bhima roop dhari asur sanghare</i>	With over-whelming might you destroyed the Asuras
<i>Ramachandra ke kaj sanvare</i>	(demons) and performed all tasks assigned to you by Shri Ram with great skill.
<i>Laye Sanjivan Lakhan Jiyaye</i>	You brought Sanjivan (A herb that revives life) and restored
<i>Shri Raghuvir Harashi ur laye</i>	Lakshman back to life, Shri Raghuvir (Shri Ram) cheerfully embraced you with his heart full of joy.
<i>Raghupati Kinhi bahut badai</i>	Shri Raghupati (Shri Ram) lustily extolled your excellence and
<i>Tum mam priye Bharat- hi sam bhai</i>	said: "You are as dear to me as my own brother Bharat."
<i>Sahas badan tumharo yash gaave</i>	Thousands of living beings are chanting hymns of your glories;
<i>Us kahi Shripati kanth lagaave</i>	saying thus, Shri Ram warmly hugged him (Shri Hanuman).
<i>Sankadik Brahmadi Muneesa</i>	When prophets like Sanka, even the Sage like Lord Brahma,
<i>Narad Sarad sahit Aheesa</i>	the great hermit Narad himself, Goddess Saraswati and Ahisha (one of immeasurable dimensions).

<i>Yam Kuber Dighal Jahan te Kavi kovid kahi sake kahan te</i>	Even Yamraj (God of Death) Kuber (God of Wealth) and the Dighals (deputies guarding the four corners of the Universe) have been vying with one another in offering homage to your glories. How then, can a mere poet give adequate expression of your super excellence.
<i>Tum upkar Sugreevahn keenha Ram milaye rajpad deenha Tumharo mantra Vibheeshan mana Lankeshwar Bhaye Sub jag jana</i>	You rendered a great service to Sugriv. You united him with Shri Ram and he installed him on the Royal Throne. By heeding your advice, Vibhishan became Lord of Lanka. This is known all over the Universe.
<i>Yug sahastra jojan par Bhanu Leelyo tahi madhur phal janu</i>	On your own you dashed upon the Sun, which is at a fabulous distance of thousands of miles, thinking it to be a sweet luscious fruit.
<i>Prabhu mudrika meli mukh mahee Jaladhi langhi gaye achraj nahee</i>	Carrying the Lord's Signet Ring in your mouth, there is hardly any wonder that you easily leapt across the ocean.
<i>Durgaam kaj jagat ke jete Sugam anugraha tumhre tete</i>	The burden of all difficult tasks of the world become light with your kind grace.
<i>Ram dware tum rakhvare, Hoat na agya binu paisare</i>	You are the sentry at the door of Shri Ram's Divine Abode. No one can enter it without your permission,
<i>Sub sukh lahai tumhari</i>	All comforts of the world lie at your feet. The devotees enjoy all

<i>sarna</i> <i>Tum rakshak kahu ko dar na</i>	divine pleasures and feel fearless under your benign Protection.
<i>Aapan tej samharo aapai</i> <i>Teenhon lok hank te kanpai</i>	You alone are befitted to carry your own splendid valour. All the three worlds (entire universe) tremor at your thunderous call.
<i>Bhoot pisach Nikat nahin aavai</i> <i>Mahavir jab naam sunavai</i>	All the ghosts, demons and evil forces keep away, with the sheer mention of your great name, O'Mahaveer!!
<i>Nase rog harai sab peera</i> <i>Japat niranter Hanumant beera</i>	All diseases, pain and suffering disappear on reciting regularly Shri Hanuman's holy name.
<i>Sankat se Hanuman chudavai</i> <i>Man Karam Vachan dyan jo lavai</i>	Those who remember Shri Hanuman in thought, words and deeds with Sincerity and Faith, are rescued from all crises in life.
<i>Sub par Ram tapasvee raja</i> <i>Tin ke kaj sakal Tum saja</i>	All who hail, worship and have faith in Shri Ram as the Supreme Lord and the king of penance. You make all their difficult tasks very easy.
<i>Aur manorath jo koi lavai</i> <i>Sohi amit jeevan phal pavai</i>	Whosoever comes to you for fulfillment of any desire with faith and sincerity, Will he alone secure the imperishable fruit of human life.
<i>Charon Yug partap tumhara</i> <i>Hai persidh jagat ujjyara</i>	All through the four ages your magnificent glory is acclaimed far and wide. Your fame is Radiantly acclaimed all over the Cosmos.

<i>Sadhu Sant ke tum Rakhware</i>	You are Saviour and the guardian angel of Saints and Sages and
<i>Asur nikandan Ram dulhare</i>	destroy all Demons. You are the angelic darling of Shri Ram.
<i>Ashta sidhi nav nidhi ke dhata</i>	You can grant to any one, any yogic power of Eight Siddhis
<i>Us var deen Janki mata</i>	(power to become light and heavy at will) and Nine Nidhis (Riches, comfort, power, prestige, fame, sweet relationship etc.) This boon has been conferred upon you by Mother Janki.
<i>Ram rasayan tumhare pasa</i>	You possess the power of devotion to Shri Ram. In all rebirths
<i>Sada raho Raghupati ke dasa</i>	you will always remain Shri Raghupati's most dedicated disciple.
<i>Tumhare bhajan Ram ko pavai</i>	Through hymns sung in devotion to you, one can find Shri Ram
<i>Janam janam ke dukh bisravai</i>	and become free from sufferings of several births.
<i>Anth kaal Raghuvir pur jayee</i>	If at the time of death one enters the Divine Abode of Shri Ram,
<i>Jahan janam Hari- Bakht Kahayee</i>	thereafter in all future births he is born as the Lord's devotee.
<i>Aur Devta Chit na dharehi</i>	One need not entertain any other deity for Propitiation, as
<i>Hanumanth se hi sarve sukh karehi</i>	devotion of Shri Hanuman alone can give all happiness.
<i>Sankat kate mite sab peera</i>	One is freed from all the sufferings and ill fated contingencies of
<i>Jo sumirai Hanumat Balbeera</i>	rebirths in the world. One who adores and remembers Shri Hanuman.
<i>Jai Jai Jai Hanuman Gosahin</i>	Hail, Hail, Hail, Shri Hanuman, Lord of senses. Let your victory
<i>Kripa Karahu Gurudev ki nyahin</i>	over the evil be firm and final. Bless me in the capacity as my

supreme guru (teacher).

***Jo sat bar path kare
kohi***

One who recites Chalisa one hundred times, becomes free from the

***Chutehi bandhi maha
sukh hohi***

bondage of life and death and enjoys the highest bliss at last.

***Jo yah padhe
Hanuman Chalisa
Hoye siddhi sakhi
Gaureesa***

All those who recite Hanuman Chalisa (The forty Chaupais)

regularly are sure to be benedicted. Such is the evidence of no less a

witness as Bhagwan Sankar.

***Tulsidas sada hari
chera***

Tulsidas as a bonded slave of the Divine Master, stays perpetually at

***Keejai Das Hrdaye
mein dera***

his feet, he prays "Oh Lord! You enshrine within my heart & soul."

***PavantAnai sankat
haran,
Mangal murti roop.***

Oh! conqueror of the Wind, Destroyer of all miseries, you are a

symbol of Auspiciousness.

Ram Lakhan Sita sahit,

Along with Shri Ram, Lakshman and Sita, reside in my heart.

***HRdaye basahu sur
bhoop.***

Oh! King of Gods.

Lord Hanumanji Maharaj is said to have given brilliant light of LORD RAMA: As he became the only Deva who could not be killed by ANY demon. What to say of Vibhishana [the King of Lanka]; Raama bhagavan was borne with the NAAMA-AVATARA-NAAMA MANTRA, whose divine name destroyed all karma.

IT IS SAID IN VED SHASTRAS THAT ONE WHO RECITES THE FOLLOWING HANUMAN MANTRA IS DIVINELY PROTECTED BY THE LORD HANUMANTHA WITHOUT FAIL:

Aum Ham Hanumanthayeh Namoh Namah

Aum Hrim Shree Hanumanthe namah

*Light of delight is the eternal light of love.
God is light of divine glow that keeps our hearts
capering to the rhythm of the sound of music,
like the glory of the sun, the sparkle of the star,
the shimmering of the moon, light embraces us all!
To see not, but to be seen in delight is the light of
love*

*shinning brightly in our spirit of life;
which else shall beautify our homes and make it
heaven?*

*But the flame of a loving lamp; glowing in delight.
Which else shall be adorned but the Light of
Wisdom deep.*

*But the light of love divine
Light of love is the eternal light of delight
and the light of delight is the eternal light of love
divine!*

*May the rays of healing from the bright stars
above; reach out to all*

*especially those out on the limb, rejected,
tormented and misunderstood.*

*May the grief of hurt find solace in love and
compassion, in divine light.*

Aum Shree Rama Sharanaamm mama